

STEPHANIE V. STRAETER

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LICENSES: CA PSY 19872; FL PY 8570, NY 022290-1

EDUCATION: **WellCoaches**

Certified Health & Wellness Coach

AFPA – Nutrition and Wellness Coach, 2010

AFPA – Weight Management Consultant, 2010

University of California, Davis

Parent- Child Interaction Therapy (PCIT), 2002

California School Professional Psychology

Doctor of Philosophy in Clinical Psychology Program- APA Accredited Program

August 1997 – September 2002

California State University at Los Angeles - APA Accredited Program

MA. Psychology, Winter 1996

University of California, Los Angeles

B.A. Psychology-Business Administration, June 1990

**CLINICAL
EXPERIENCE:**

Educator

Utah Department of Health's, EPICC program, 6/2017 – Current

Providing CEU education to medical professionals

“Motivational Interviewing: An evidence-based approach for medical professionals in promoting behavior change.” 10/18/17

Asst. Clinical Director & Director of Behavioral Health

HMC HealthWorks, Jupiter, FL 4/11/08 –Current

Co-Created Wellness Program Modules, Intake Surveys and Protocols

Co-Created Behavioral Health Advocacy Program

Co-Created Behavioral Health Education Program

Supervise Wellness and Behavioral Health Services

Maintaining quality of the programs

Training and coaching

Account Executive

APS Healthcare, Buena Park, CA 1/08 – 4/11/08

Provide assistance with management of HMC accounts

Create vignettes of success stories for Performance Reports

Conduct site visits to determine suitability to provide services to APS members

Assist in increasing provider network

Clinical Case Manager

APS, Buena Park, CA 7/07 – 1/4/08

Assess symptomology of member to determine appropriate level of care

Identify cases needing a medical director review and ensure these determinations are processed to meet the deadline

Review regularly with providers and identify treatment that requires modification and appropriately negotiate with treating providers for reduction of treatment that falls outside the criteria utilized for the review of medical necessity

Assess all test requests to determine if necessary and to confirm that measures selected are necessary to meet the goals of the testing

Clinical Director

Montecatini, La Costa, CA 6/06 – 6/29/07

Residential/Outpatient Eating Disorder Facility

Program Development.

Provide training and supervision to staff and interns.

Manage insurance claims.

Provide Clinical Services: Dialectical Behavioral & Cognitive Behavioral Groups, Relapse Prevention/Discharge Planning, Group Process, Family/Couples Therapy and Individual Therapy.

Eating Disorder Therapist

Conscious Eating, San Diego, CA 3/06 – 6/29/07

Providing pre- and post workshops to bariatric (weight management surgery) patients in a hospital setting.

Facilitate groups to binge eating population in private practice setting.

Clinical Supervisor

Episcopal Community Services, Chula Vista, CA 12/05 - 6/06

MAAC Project 9/05 – 6/06

DUI & PC100 Programs

Provide supervision and education to staff.

Facilitate team building and provide professional support.

Assess eligibility for services amongst potential participant population.

Child and Family Therapist

Home Start, Inc, San Diego, CA 6/01-6/06

Psychotherapy in the home with abused children, adolescents and their families.

Developed program to provide PCIT to military families utilizing a group format.

Staff and intern education.

Clinical services provided: family therapy, couples therapy, play therapy, parent-child interaction therapy/parent-child attunement therapy, sand tray and Psychological evaluations.

Psychological Evaluator

San Diego Regional Center, San Diego, CA 11/02-1/03

Psychological evaluations to assess for developmental delays such as: mental retardation and autism to determine eligibility to receive regional center services.

Provided feedback and initiated services.

Crisis Intervention and Short-Term Therapy Therapist

Bayview Hospital, Chula Vista, CA 5/99-5/2000

Crisis intervention with hospitalized children, adolescents and adults.

Facilitated psycho-educational and process groups.

Clinical services provided: short-term psychotherapy, family therapy, play therapy, sand tray and psychological evaluations.

Educated staff about eating disorders and implemented a treatment protocol.

Long-Term Therapy Homeless Population

St. Vincent de Paul Village, San Diego, CA 8/98-8/99

Long-term therapy with homeless men, women, couples, adolescents and children.

Facilitated dual-diagnosis, psychoeducation and process groups.

Provided psychological testing and support completing SSI applications.

Eating Disorder Therapist

New Attitudes Recovery Center 5/98-2/2002

Residential facility for individuals with eating disorders.
Provided Psychotherapy to clients.
Facilitate psycho-educational group on assertiveness skills, body image and anger management.
Supported and maintained the structure of the milieu.

Rape Counselor

Sexual Assault Crisis Agency, Long Beach, CA 6/95-7/97

Crisis intervention provided to survivors at the hospital.
Provide information on survivor's rights and importance of medical exam.
Educate survivors about post traumatic stress syndrome.
Facilitate group for the parents' of rape survivors.
Present information on rape and agency to junior high and high school kids.

Child Advocate

Child Abuse Response Team - Long Beach, CA 4/96-7/97

Crisis intervention and counseling with abused children.
Play therapy.
Support and provide family members with referrals.

Psyche Aid

Anne Sippi Clinic - Los Angeles, CA 6/93-12/93

Transitional living program for schizophrenics.
Assisted in recreational therapy sessions.
Coordinated and organized daily activities and field trips.
Administered medication.

RESEARCH: EXPERIENCE

Researcher

Dissertation – CSPP 9/01 – 10/02

Body Image and Acculturation Status, Eating Disorder Symptomatology, Psychopathology and Self-Esteem in Latina College Students

Multivariate analysis of variance design was utilized and analyzed in SPSS.

Latino women with a negative body image were found to present themselves in a more dysfunctional or pathological manner when compared to those with a healthy body image.

Research Assistant

Dr. Volcani – CSPP 8/98-currently .

Projective test for children aged 4 – 11.

Assisted in gathering the normative data.

Administered and scored tests.

Research Assistant

Dr. Constance Dalenberg - CSPP 9/97-9/98

Viewed over 80 hours of videotaped interviews with children of all ethnicities who have been sexually abused.

Rate nonverbal behaviors of children for anxiety and believability.

Rate verbal and nonverbal behaviors of therapists for suggestibility.

Researcher

Thesis Project - CSULA 9/95 - 6/96

Utilization of Reading Speeds to Validate Belief in Rape Myths

Designed computer experiment to validate subjects' responses to the Rape Myth/Date Rape Acceptance Scale, (Burt, 1981; Holcomb, et al., 1993).

Repeated measures design was employed and analyzed in SPSS.

Partial support for the construct validity of employing reading speeds as a means of confirming pre-measured attitude was achieved.

Research Assistant

Dr. Leigh Silverton - U.S.C. 9/93-6/95

Literature Review

Formulation of proposal to APA

Administered and scaled scores on the Self Report Psychopathy Scale

In SPSS organized and analyzed data

MEMBERSHIP:

REFERENCES:

Available upon request.