



Stephanie has been the ideal therapist for me. She has, on multiple occasions, gone above and beyond to help me through problematic feelings and situations. I have spoken to several psychologists throughout life, but Stephanie is the first to behave as if she is not just dealing with a job, but with someone's wellbeing. She is both compassionate and progressive in her therapeutic approaches. Unlike others I have experienced, Stephanie is able to provide and walk through proven tactics and exercises that are beneficial for both the long and short term (she is also able to explain why they work). Another great thing is that she is able to take all of my cluttered verbosity and understand it well enough to be more concise about the feelings I am experiencing, than I am capable of myself. I would recommend her services to anyone and can't say enough positive things. This is a therapist who truly feels like a "safe place".

Jennifer, Affiliate Marketer

What is coaching from Dr. Straeter? Surprising insights with validation of past and present life facts to substantiate observations and tools to implement change. Felt like a tune up. I now am in touch with "what is" and moving closer to "what can be". I feel a lot better!!!

Grover, Financial Advisor

Stephanie helped us gain more compliance from our son. Our relationship is something we now have more time to enjoy.

Patricia, Mother & COO

I received coaching from Dr. Straeter and love how she intuitively connects and illustrates with metaphors to bring clarity for the mind-body-health experiences that need tending to in my life. The sessions have assisted me in being able to

explore the challenges in my life and have supplied me with tools needed for grounding, balancing and developing insight. One of those insights is an awareness of the connection between the physical, mental, spiritual and emotional aspects of myself and their impact on my health-healing and wholeness.

Maria Elena RN, Educator