

**Parenting Links:**

**Bringing Up Open Minded Kids:**

[**http://life.familyeducation.com/diversity/parenting/36245.html**](http://life.familyeducation.com/diversity/parenting/36245.html)

**Bullies to Buddies:**

[**www.bullies2buddies.com**](http://www.bullies2buddies.com)

**Cerebral Palsy Guidance:**

[**https://www.cerebralpalsyguidance.com/about-us**](https://www.cerebralpalsyguidance.com/about-us)

**Children and Divorce:**

[**http://www.helpguide.org/articles/family-divorce/children-and-divorce.htm**](http://www.helpguide.org/articles/family-divorce/children-and-divorce.htm)

**Children and Media-Tips for Parents:**

[**https://www.aap.org/en-us/about-the-aap/aap-press-room/Pages/Children-And-Media-Tips-For-Parents.aspx**](https://www.aap.org/en-us/about-the-aap/aap-press-room/Pages/Children-And-Media-Tips-For-Parents.aspx)

**Common Child Sleep Issues:**

[**http://www.med.umich.edu/yourchild/topics/sleep.htm**](http://www.med.umich.edu/yourchild/topics/sleep.htm)

**Exercise for Children:**

[**https://search.yahoo.com/yhs/search?p=children+and+exercise&ei=UTF-8&hspart=mozilla&hsimp=yhs-002**](https://search.yahoo.com/yhs/search?p=children+and+exercise&ei=UTF-8&hspart=mozilla&hsimp=yhs-002)

**Five Ways to Support Children When a Pet Dies:**

[**http://petlossathome.com/children-pet-euthanasia/**](http://petlossathome.com/children-pet-euthanasia/)

**Health Divorce: How to Make Your Split as Healthy as Possible:**

[**http://www.apa.org/helpcenter/healthy-divorce.aspx**](http://www.apa.org/helpcenter/healthy-divorce.aspx)

**Helping Girls Grow Up Healthy:**

[**http://www.eisnerpedcenter.org/wellness-tips/helping-girls-grow-up-healthy.html**](http://www.eisnerpedcenter.org/wellness-tips/helping-girls-grow-up-healthy.html)

**Helping Kids Cope with Trauma, Tragedy, War and Violence:**

[**http://www.anxietywellness.com/Article%20Webpages/Strategies%20for%20Coping%20with%20Trauma%20Tragedy%20war%20and%20Violence.htm**](http://www.anxietywellness.com/Article%20Webpages/Strategies%20for%20Coping%20with%20Trauma%20Tragedy%20war%20and%20Violence.htm)

**Helping Your Child Through Divorce:**

**Internet Drug Index:**

[**http://www.rxlist.com/script/main/hp.asp**](http://www.rxlist.com/script/main/hp.asp)

## Helping Children Survive Divorce: The Myth of the Mature Teen:

## <https://www.psychologytoday.com/blog/the-new-grief/201109/helping-children-survive-divorce-the-myth-the-mature-teen>

**Helping your child after their sister, brother or cousin has died:**

[**http://www.kidshealth.org.nz/helping-your-child-after-their-sister-brother-or-cousin-has-died#sthash.RRYmuzNN.dpuf**](http://www.kidshealth.org.nz/helping-your-child-after-their-sister-brother-or-cousin-has-died#sthash.RRYmuzNN.dpuf)

**How to Support Children and Teens When a Parent Dies:**

[**http://www.hospicenet.org/html/parent.html**](http://www.hospicenet.org/html/parent.html)

**Internet Drug Index:**

[**http://www.rxlist.com/script/main/hp.asp**](http://www.rxlist.com/script/main/hp.asp)

**Obsessive Compulsive Disorder in Children and Adolescents:**

[**http://www.themindfulparent.org/The\_Mindful\_Parent/Welcome.html**](http://www.themindfulparent.org/The_Mindful_Parent/Welcome.html)

**Overcoming Emetophobia, a.k.a. The Fear of Throwing Up**

[**https://www.psychologytoday.com/blog/worry-wise/201501/overcoming-emetophobia-aka-the-fear-throwing**](https://www.psychologytoday.com/blog/worry-wise/201501/overcoming-emetophobia-aka-the-fear-throwing)

**Power and Purpose of Teenage Brain:**

[**http://www.zdnet.com/article/qa-daniel-j-siegel-neuropsychiatrist-on-the-power-and-purpose-of-the-teenage-brain/**](http://www.zdnet.com/article/qa-daniel-j-siegel-neuropsychiatrist-on-the-power-and-purpose-of-the-teenage-brain/)

**Preparing for College:**

[**http://www.collegeprep101.com/**](http://www.collegeprep101.com/)

**Recommended Preventive Exams for Children:**

[**https://www.healthcare.gov/preventive-care-children/**](https://www.healthcare.gov/preventive-care-children/)

**Reviews and Ratings of Movies, Television and Video Games:**

[**https://www.commonsensemedia.org/**](https://www.commonsensemedia.org/)

**Safe Place for Kids to Deal with Grief and Loss:**

[**http://kidsaid.com/**](http://kidsaid.com/)

**Sex Education and the Pre-Teen:**

[**http://www.theparentreport.com/2012/02/sex-education-and-the-preteen-child/**](http://www.theparentreport.com/2012/02/sex-education-and-the-preteen-child/)

**Sleep Issues of Kids and Teens:**

[**http://childdevelopmentinfo.com/child-teen-health/child\_teen\_sleep/**](http://childdevelopmentinfo.com/child-teen-health/child_teen_sleep/)

**Talking to Teens About Safe Sex:**

[**http://womenshealth.about.com/od/stds/a/talkteensafesex.htm**](http://womenshealth.about.com/od/stds/a/talkteensafesex.htm)

**Teen Friendship and Racial Diversity:**

[**http://bullying.about.com/od/Bullying-Research/fl/Study-Why-Some-Schools-Have-More-Cliques-Than-Others.htm**](http://bullying.about.com/od/Bullying-Research/fl/Study-Why-Some-Schools-Have-More-Cliques-Than-Others.htm)

[**The Effects of Electronic Media on Children Ages Zero – Six: A History of Research — Issue Brief**](http://kff.org/other/issue-brief/the-effects-of-electronic-media-on-children/)**:**

[**http://kff.org/search/?s=the+effects+of+electronic+media+on+children+ages+zero+to+six**](http://kff.org/search/?s=the+effects+of+electronic+media+on+children+ages+zero+to+six)

**The Mindful Parent:**

[**http://www.themindfulparent.org/The\_Mindful\_Parent/Welcome.html**](http://www.themindfulparent.org/The_Mindful_Parent/Welcome.html)

**Tips for Parenting Teenagers by Dr. Dan Siegel:**

[**http://www.drdansiegel.com/resources/video\_clips/parenting/**](http://www.drdansiegel.com/resources/video_clips/parenting/)

**USDA Nutrition Information:**

[**http://www.nutrition.gov/**](http://www.nutrition.gov/)

**What Men Can Do to Prevent Gender Violence:**

[**http://www.jacksonkatz.com/wmcd.html**](http://www.jacksonkatz.com/wmcd.html)